



Sheraton

make a
day
of it

Meeting Package #1

(minimum of 8, maximum of 20)

BREAKFAST BUFFET

Orange and cranberry juice
Freshly sliced seasonal fruit tray
Bakery basket with a variety of freshly baked breakfast pastries, muffins and croissants
A variety of fruit preserves, honey and whipped butter
Starbucks coffee, decaffeinated coffee and Tazo teas

MORNING BREAK

A variety of juices
Bottled water
Coffee cake and whipped butter
Starbucks coffee, decaffeinated coffee and Tazo teas

AFTERNOON BREAK

Freshly baked premium cookies
Mini chocolate bars
Assortment of chilled soft drinks
Starbucks coffee, decaffeinated coffee and Tazo teas

\$42



make a
day
of it

Meeting Package #2

(minimum of 10, maximum of 30)

BREAKFAST

Orange and apple juice
Fresh melon slices and seasonal berries
Kellogg's cereal with milk
Flax seed and toasted almond slices
Blueberry and cranberry tea loaf slices with whipped butter
Starbucks coffee, decaffeinated coffee and Tazo teas

MORNING BREAK

Bottled water
Variety of freshly baked Danish
Starbucks coffee, decaffeinated coffee and Tazo teas

LUNCH - YOUR CHOICE OF:

Option #1

Soup of the day
Mixed greens with fennel julienne and cherry tomatoes
Ranch and Italian dressing
Pasta salad with grilled vegetables
Baguette sandwiches filled with a variety of shaved meats,
chicken salad, egg salad and seafood.
Fresh vegetables
Gherkins, green stuffed olives and banana pepper rings
A variety of chocolate brownie squares

Option #2

Mixed garden greens
Romaine lettuce
Tomato and cucumber slices, sunflower seeds and diced peppers
Balsamic and raspberry vinaigrette dressings
Tortilla wraps with a variety of shaved meats, seafood salad,
vegetables, and egg salad
Sliced pickles, marinated pearl onions and black olives
Eclairs and pecan tarts

Above luncheons are served with freshly brewed Starbucks coffee and decaffeinated coffee and Tazo teas

AFTERNOON BREAK

Ice cream bar with:
Chapmans vanilla ice cream (peanut free)
Chocolate sprinkles, Oreo cookie crumbs, toasted coconut,
toasted almond slices and smarties
Assorted chilled soft drinks and bottled water
Starbucks coffee, decaffeinated coffee and Tazo teas

\$60



Sheraton

make a **day**

of it **Meeting Package #3**
(minimum of 10, maximum of 30)

BREAKFAST

Apple and cranberry juice
Fresh pineapple slices, orange and grapefruit sections
Freshly baked muffins and croissants
A variety of fruit preserves, honey and whipped butter
Starbucks coffee, decaffeinated coffee and Tazo teas

MORNING BREAK

Banana bread and whipped butter
An assortment of low sugar and fat free fruit yogurt
Chilled bottled water
Starbucks coffee, decaffeinated coffee and Tazo teas

LUNCH - YOUR CHOICE OF:

Option #1

Soup of the day
Caesar salad
Broccoli salad with dried cranberries, toasted almonds
and Dijon mustard dressing
Roasted BBQ pork sirloin topped with Dijon mustard
Penne pasta with chicken in lemon sauce
Crispy baked potato wedges
Lemon cream tartlets topped with whipped cream
Freshly baked rolls and whipped butter

Option #2

Tossed garden greens with thousand island and ranch dressing
Asian noodle salad with shrimp
Fried vegetable spring rolls
Teriyaki chicken drumsticks and thighs
Ginger beef
Fried rice
Fortune cookies
Assorted pastry tray

Above luncheons served with freshly brewed Starbucks
coffee and decaffeinated coffee and Tazo teas

AFTERNOON BREAK

Domestic cheeses with crackers and fresh fruit
Assorted chilled soft drinks
Starbucks coffee, decaffeinated coffee and Tazo teas
\$68



Sheraton

make a **day** of it

Meeting Package #4

(minimum of 10, maximum of 50)

BREAKFAST

Orange and apple juice
Fresh fruit cocktail
Variety of Kellogg's cereals with 1% milk and seasonal berries
Fluffy scrambled eggs
Canadian back bacon and Paolini's breakfast sausages
Hash brown potatoes
Starbucks coffee, decaffeinated coffee and Tazo teas

MORNING BREAK

Orange, cranberry and carrot juice
Blueberry and cranberry tea loaf slices with whipped butter
Starbucks coffee, decaffeinated coffee and Tazo teas

LUNCH - YOUR CHOICE OF:

Option #1

Trio of garden greens:
Sunflower seeds, radish slices, green onions
and crumbled blue cheese
Balsamic vinaigrette and ranch dressing
Marinated beet salad
Smoked beef brisket
Grilled Spolombo's sausages
Mashed potatoes with caramelized onions
Green beans sautéed with bacon
Streusel topped squares

Option #2

Boston bibb leaf lettuce with mandarin orange sections
Baby spinach leafs with red peppers
Creamy orange and balsamic vinaigrette dressing
Sunflower seeds
Steamed Atlantic salmon fillets with lime sauce
Honey garlic BBQ chicken
Wild rice poached in white wine
Steamed broccoli with parmesan cheese
Freshly baked tartlet with fruit fillings and topped with
whipped cream

Above luncheons served with fresh rolls and whipped butter,
Starbucks coffee, decaffeinated coffee and Tazo teas

AFTERNOON BREAK

Scones and Devonshire cream
Chocolate dipped strawberries
A variety of short bread cookies
A variety of English teas

\$72



make a **day** of it

Meeting Package #5

(minimum of 10, maximum of 50)

BREAKFAST

Cranberry and pineapple juice
Citrus fruit cocktail
Freshly baked muffins with whipped butter
Baked vegetarian quiche filled with spinach, feta and Swiss cheese
Yukon gold home fried potatoes
Starbucks coffee, decaffeinated coffee and Tazo teas

MORNING BREAK

Orange and apple juice
Assortment of low sugar and fat free fruit yogurts
Granola bars
Starbucks coffee, decaffeinated coffee and Tazo teas

LUNCH - YOUR CHOICE OF:

Option #1

Mixed baby greens with corn, jicama, black beans, carrots, cucumbers and tomatoes with avocado dressing
Grilled orange glazed chicken
Roasted top sirloin of pork with anis
Mexican rice
Roasted corn
Vanilla flan

Option #2

Baby spinach leaves with bacon bits, red peppers, toasted almonds and balsamic vinaigrette dressing
Cucumber salad with dill dressing
Baked Arctic Char fillets with fine herb butter
Grilled turkey steaks with seasonal berry sauce
Linguini pasta tossed with truffle oil
Zucchini, onions and red peppers sautéed with garlic and olive oil
Baked mini fruit pies

Above luncheons served with fresh rolls and whipped butter,
Starbucks coffee, decaffeinated coffee and Tazo teas

AFTERNOON BREAK

Selection of whole fresh fruits
Mini candy bars
Mini cookies
Starbucks coffee, decaffeinated coffee and Tazo teas

\$77